

肥満の判定表

身長(m) × 身長(m) × 22(日本肥満学会方式)より求めた標準体重 kg と BMI 別にみた体重 kg

BMI 身長(cm)	標準 体重 kg	25	30	35	40	BMI 身長(cm)	標準 体重 kg	25	30	35	40
	140	43.1	49.0	58.8	68.6		78.4	168	62.1	70.6	84.7
141	43.7	49.7	59.6	69.6	79.5	169	62.8	71.4	85.7	100.0	114.2
142	44.4	50.4	60.5	70.6	80.7	170	63.6	72.3	86.7	101.2	115.6
143	45.0	51.1	61.3	71.6	81.8	171	64.3	73.1	87.7	102.3	117.0
144	45.6	51.8	62.2	72.6	82.9	172	65.1	74.0	88.8	103.5	118.3
145	46.3	52.6	63.1	73.6	84.1	173	65.8	74.8	89.8	104.8	119.7
146	46.9	53.3	63.9	74.6	85.3	174	66.6	75.7	90.8	106.0	121.1
147	47.5	54.0	64.8	75.6	86.4	175	67.4	76.6	91.9	107.2	122.5
148	48.2	54.8	65.7	76.7	87.6	176	68.1	77.4	92.9	108.4	123.9
149	48.8	55.5	66.6	77.7	88.8	177	68.9	78.3	94.0	109.7	125.3
150	49.5	56.3	67.5	78.8	90.0	178	69.7	79.2	95.1	110.9	126.7
151	50.2	57.0	68.4	79.8	91.2	179	70.5	80.1	96.1	112.1	128.2
152	50.8	57.8	69.3	80.9	92.4	180	71.3	81.0	97.2	113.4	129.6
153	51.5	58.5	70.2	81.9	93.6	181	72.1	81.9	98.3	114.7	131.0
154	52.2	59.3	71.1	83.0	94.9	182	72.9	82.8	99.4	115.9	132.5
155	52.9	60.1	72.1	84.1	96.1	183	73.7	83.7	100.5	117.2	134.0
156	53.5	60.8	73.0	85.2	97.3	184	74.5	84.6	101.6	118.5	135.4
157	54.2	61.6	73.9	86.3	98.6	185	75.3	85.6	102.7	119.8	136.9
158	54.9	62.4	74.9	87.4	99.9	186	76.1	86.5	103.8	121.1	138.4
159	55.6	63.2	75.8	88.5	101.1	187	76.9	87.4	104.9	122.4	139.9
160	56.3	64.0	76.8	89.6	102.4	188	77.8	88.4	106.0	123.7	141.1
161	57.0	64.8	77.8	90.7	103.7	189	78.6	89.3	107.2	125.0	142.9
162	57.7	65.6	78.7	91.9	105.0	190	79.4	90.3	108.3	126.4	144.4
163	58.5	66.4	79.7	93.0	106.3	191	80.3	91.2	109.4	127.7	145.9
164	59.2	67.2	80.7	94.1	107.6	192	81.1	92.2	110.6	129.0	147.5
165	59.9	68.1	81.7	95.3	108.9	193	81.9	93.1	111.7	130.4	149.0
166	60.6	68.9	82.7	96.4	110.2	194	82.8	94.1	112.9	131.7	150.5
167	61.4	69.7	83.7	97.6	111.6	195	83.7	95.1	114.1	133.1	152.1